

Analysis

A golf teacher must observe and analyse a student's swing before offering any advice and corrections. It is during the analysis the teacher can use their knowledge and experience to best effect and to help the student improve.

Remember the following ball flight laws as you collect information about the swing:

1. Line of Swing
 - a. Straight
 - b. Inside/out
 - c. Outside/in
2. Angle of Club Face
 - a. Square
 - b. Open
 - c. Closed
3. Angle of Attack
 - a. Low and Sweeping
 - b. Steep, down

Systematic Process

Observation of the golf swing must be carried out in a systematic manner. Use the following checkpoints as a guide.

Set Up

1. Alignment
2. Ball position
3. Club position
4. Posture

Grip

Swing

1. Takeaway
2. Top of backswing
3. Downswing
4. Impact
5. Follow through
6. Finishing position
7. Tempo

The Analysis Process

Phase One

1. Student hits approximately 10 balls.
2. Teacher records information about swing and ball flight on Swing Analysis Sheet.
3. Ask student to describe their preferred ball flight.

Phase Two

1. Analyse data and note any regular pattern(s) of swing action and ball flight.
2. Discuss with student your observations and the factors which will need to be worked on.

Phase Three

Following on from your analysis of the student's swing you will need to decide on a course of action:

Correct any faults

Assist the student to improve their swing

Phase Four

Select the factor which you will work on:

1. Line of the Swing
2. Angle of Club face
3. Angle of attack.

Causes, Effects and Corrections

This exercise is designed to help golf teachers develop a repertoire of 'fixes' for the range of common errors demonstrated by the average golfer. There are no absolute correct answers but when they work they will obey the laws of the universe.

To revise, the three ball flight laws form the foundation for this programme.

It is important for you, as a golfer teacher, to understand these laws and possible causes for the many deviations which can occur in any swing. The following tables provide you with the opportunity to describe corrections to the errors demonstrated by a student.

Directions

Use the tables below to describe the outcomes caused by the error, then write in the correction you would suggest.

Line of the Swing

The set up and alignment are correct.

Describe the correct/ideal Line of the Swing, in your own words.

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Write your notes in the Correction Column.

BALL FLIGHT LAW	ERROR	Do this ...	CORRECTION
1. Line of the Swing			
1.	Inside to Out and ball travels ...		
		1	
		2	
		3	
		4	
2.	Outside to In and ball travels ...		
		1	
		2	
		3	
		4	

Rank the corrections 1 to 4 from the one most likely to bring about the desired improvement.

Angle of Club Face

Describe the correct/ideal Angle of Club face, in your own words.

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BALL FLIGHT LAW	ERROR	Do this ...	CORRECTION
2. Angle of Clubface			
1.	Open and the ball travels ...		
		1	
		2	
		3	
		4	
2.	Closed and the ball travels ...		
		1	
		2	
		3	
		4	

Rank the corrections 1 to 4 from the one most likely to bring about the desired improvement.

Angle of Attack

Describe the correct/ideal Angle of Attack, in your own words.

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BALL FLIGHT LAW	ERROR	Do this ...	CORRECTION
3. Angle of Attack			
1.	Steep—down and the ball travels ...		
		1	
		2	
		3	
		4	
2.	Up and the ball travels ...		
		1	
		2	
		3	
		4	

Rank the corrections 1 to 4 from the one most likely to bring about the desired improvement.

Golf Lesson Swing Analysis

Student's Name: Lesson #: 1 2 3 4 5

Coach's Name: Date:

Ball flight and trajectory: (codes on previous page)

1	2	3	4	5	6	7	8	9	10
									

LINE OF SWING

ANGLE OF CLUBFACE

ANGLE OF ATTACK

Faults

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Set up
 Grip
 Takeaway
 Top of backswing
 Downswing
 Impact
 Follow through
 Finishing
 position
 Tempo

Suggested fixes:

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Drills:

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Notes:

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Student's Aim/Goal:

Preferred ball flight:

The Next Step

The next step is to move into teaching mode. Go to the teaching module.